It is time to make a peanut butter and jelly sandwich!

**First**
Grown-up reads

**Then**
I make

**Suggestions for Grown-Ups**
1. Laminate the schedule (page 2)
2. Place on a velcroed board (for pull-off schedules) or use a marker to mark finished steps (for check-off schedules).
   For more information, see [How-To Template: Schedules](www.handsinautism.org)
3. Help open the jars
4. Help complete schedule steps if needed.
5. Have fun!

**You will need...**
◊ Schedule (see p. 2)
◊ 2 pieces of bread
◊ 1 jar with peanut butter
◊ 1 jar with jelly
◊ 1 plate
◊ 1 knife

Materials provided are **samples only**! They may need to be individualized to meet the particular needs of a person with an ASD!
Time to Make Peanut Butter and Jelly Sandwich!

- Put two pieces of bread on plate
- Open peanut butter
- Dip knife into peanut butter
- Spread peanut butter onto 1 piece of bread
- Put lid on peanut butter
- Open jelly
- Dip knife into jelly
- Spread jelly onto other piece of bread
- Put lid on jelly
- Put jelly bread on top of peanut butter bread

Enjoy your sandwich

Finished!