Service & Resources

Catalog

HANDS in Autism®
Interdisciplinary Training & Resource Center
The HANDS (Helping Answer Needs by Developing Specialists) in Autism® Interdisciplinary Training & Resource Center is located within the Department of Psychiatry at the Indiana University School of Medicine. Support for the foundational development of the HANDS in Autism® Center has been provided through a combination of federal and state funding as well as private philanthropies. To learn more, please contact Naomi Swiezy, Ph.D. HSPP, Director, at nswiezy@iupui.edu or find us at HANDSinAutism.iupui.edu.

Help us in our continued efforts to serve medical, school, family, and community members in supporting families, caregivers, and individuals affected by ASD! We greatly appreciate any and all donations that allow us to provide information, training, and resources to individuals, families, and caregivers in your community. All donations are tax deductible to the extent allowed by law and you will be provided with the necessary documentation of 501(c) tax exemption status (HANDSinAutism.iupui.edu/donatehands.html ). For further information, contact us at hands@iupui.edu.

HANDS in Autism® Interdisciplinary Training & Resource Center

Fesler Hall (FH)  
1130 W Michigan St., Ste 302  
Indianapolis, IN 46202

HANDSinAutism.iupui.edu  
Tel: 317.274-2675  
Fax: 317.274.3885  
Email: hands@iupui.edu

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Some graphics adapted from Microsoft stock clip art. Used with permission
**Visual Tools & Supports**

*First-Then Board $7*

Use this tool to make activity sequences more manageable and motivational for individuals. The tool is durable and includes velcro dots to hold schedule images. Also available in Spanish.

*Stop Light $7*

Use this tool to visually structure undefined periods of time when the duration of the activity is unclear. The tool is durable and easy to handle even for individuals with fine motor problems. Also available in Spanish.

*Token Board $7*

Use this tool as a way to motivate individuals to complete activities or follow rules. The tool is durable and easy to handle even for individuals with fine motor problems. The set includes a list of tokens and motivational images. Also available in Spanish.

*FCT Pulley $7*

Use this tool to initiate functional communication with individuals. The tool is durable and easy to handle even for individuals with fine motor problems. The set includes a set of cards and a pulley clip. Also available in Spanish.

*Choice Board $7*

Use this tool to make the decision-making process easier and more manageable for individuals. The tool is durable with velcro dots to hold images and comes with a selection of frequently used pictures. Also available in Spanish.

*Countdown Board $7*

Use this tool to visually structure undefined periods of time when the duration of the activity is unclear. The tool is durable and easy to handle even for individuals with fine motor problems. Also available in Spanish.

*Discussion Boards $7*

Use this tool as a visual support for conversations and fostering social skills. The tool is durable and easy to handle even for individuals with fine motor problems. The set also includes a list of discussion topics in visual and written formats. Also available in Spanish.

*Mini Pulley $7*

A set of tools (stop light, countdown board, and a first/then board) on a pulley to allow for wearing on a person and immediate access. The tool is durable and easy to handle. Also available in Spanish.

*Voice Volume Chart (3/pack) $7*

Use this tool to visually communicate the voice level for specific settings. The combination of graphics and words on a durable foundation makes the tool comprehensive across developmental levels of individuals. The set includes 3 types of voice charts. Also available in Spanish.
My/Your Turn Cards
(6/pack) $7
Use this tool to support game playing to indicate turns and work on turn-taking skills. The tool is durable and easy to handle even for individuals with fine motor problems. The set includes 6 cards. Also available in Spanish.

Autism Information Hangtag
Disseminate this tool among professionals who may be interacting with individuals with ASD (e.g., school security services). The tool provides a simple explanation of ASD, as well as a number of strategies. The tool is laminated and supplied with a lanyard for easier access. The set includes 10 cards.

Go/Wait Cards
(6/pack) $7
Use this tool to support activities that require frequent wait periods (e.g., game playing or cooking activity). The tool is durable and easy to handle even for individuals with fine motor problems. The set includes 6 cards. Also available in Spanish.

(10/pack) $7

Peer Interaction Tips
(50/pack) $25
The handout provides information and explanations regarding strengths and challenges of individuals with ASD and tips for peers to highlight these strengths and support such challenges. The set includes 50 handouts.

Sensory Man
(50/pack) $25
The two-sided handout includes basic information about ASD suitable for students in fourth grade and up, as well as a figure with captions describing the ways people with ASD may act differently than others. The set includes 50 handouts.

Autism Puzzle
(50/pack) $25
The two-sided handout includes information about ASD suitable for students in second grade and up, as well as a coloring puzzle highlighting facts about ASD inside each puzzle based on the facts about ASD (i.e., strengths are colored blue). The set includes 50 handouts.

11 Strategies for Bus Drivers
The two-sided handout includes tips and strategies on how to support individuals with ASD on a school bus. The set includes 50 handouts.

(50/pack) $25

Informational Resources

Bulk Pricing:
10x = $230
25x = $550

People with Autism Spectrum Disorder may...
Even though some things are hard for me, I can learn small bits at a time: friends.
Independent
After being given the initial direction or expectation, the child can respond to or complete the task with no further prompt or information.

Gesture
The adult points or motions to the child, activity, or visual cue; no physical contact is made.

Verbal
The adult provides verbal information about the task or the correct response.

Model
The adult demonstrates or provides a completed model of what the child is supposed to do.

Partial Physical
The adult touches the child (possibly on the arm, elbow, or hand) to assist with the task; requires less involvement than hand-over-hand guidance.

Hand-Over-Hand
The adult physically guides the actions of the child by placing their hands over the hands of the child.

Full Physical
The adult provides physical contact in maneuvering the child to complete required task.

The two-sided screening poster provides an easy-to-follow graphic explanation of characteristic behaviors of individuals with ASD and can serve as a way to initiate conversations with families. The check boxes can help mark present characteristics. Available in two sizes: 1) 11X17 laminated posters - 3 per pack; 2) 8.5X11 laminated handouts - 15 per pack. Also available in Spanish.

What is Autism? Video
This 20-minute video features stories of several individuals on the autism spectrum that reflect successes due to the support of their families and providers utilizing evidence-based strategies. $15
Free for Indiana residents.

Setting-Based Resource Toolkits, Starter Packs, & Guides

Resource Toolkits $18
The resource toolkit is an effective way to teach professionals, families, and peers regarding individuals with ASD. The kits also include a range of handouts and visual supports to support training.

The following resource toolkits are available for:
- Healthcare professionals
- General Educators
- Autism 101
- Bus Drivers
- Office Staff
- Administrators
- Teachers of Related Arts
- Home-Community
- Cafeteria
- Parent/Sibling
- Sibling
- Peers
- Security Guards
- EMT
- Law Enforcement
- Firefighter
- Library
- School Nurses
- School Psychologists
- Occupational / Physical Therapist
- Speech-Language Pathologist

Schedules for Home Starter Pack $18
A range of schedules to represent common home activities (e.g., weekend schedule, morning routines, afterschool and evening activities).

Functional $18
Mini-Schedules
A range of activity schedules to represent steps for common activities (e.g., toileting, tooth brushing).

Area & Classroom Pointers $18
Six handouts are laminated posters to be placed in a classroom to support staff in the implementation of basic behavioral and teaching strategies (e.g., prompting, positive attention). The set includes 6 posters.

Common Game Series (3/pack, 2 format levels) $18
The set includes visual rules for three basic games in two formats, as well as two turn cards. Will be available in series.
**Visual Recipes Series**  
(3/pack, 2 format levels) $18  
A collection of 3 activities with activity schedules in two formats to meet the needs of individuals with ASD with varying developmental levels. Will be available in series.

**School Safety Tips** $18  
The set of school safety tips and strategies includes tips for drills and emergency situations at school, (e.g., evacuation, fire, lockdown, and tornado).

**What is Autism Training Guide** $18  
The training guide is designed to accompany the What is Autism video and includes both discussion and reference materials. It can be used to facilitate trainings and can be used at trainings based on the video training.

**Manuals**

**How-to Templates** $36  
Collection (in Volumes)  
A collection of how-to templates that explain and provide examples of evidence-based visual supports and strategies across academic, functional, and behavioral programming. The templates are an annual collection of materials found on the website and used by HANDS in Autism® trainers.

**Next Steps Manual** $36  
This manual contains a wealth of information for caregivers, medical and educational professionals, community members, and individuals. Content includes information on ASD, family considerations, rights and regulations, best practices and practical strategies, and collaboration pointers.

**Toolkit for Medical Professionals** $36  
This manual contains practical strategies and supports, informational materials, resources, and additional considerations for working with families and individuals with ASD and related disorders in healthcare settings.

**Arts & Craft Series**  
(3/pack, 2 format levels) $18  
A collection of 3 activities with activity schedules in two formats to meet the needs of individuals with ASD with varying developmental levels. Will be available in series.
Single-Strategy Toolkits

The single-strategy toolkit is an effective way to teach professionals, families, and peers regarding specific strategies found to be effective in working with individuals with ASD. The kits include a how-to template, a video and a resource sample. Also available in Spanish.

The following resource toolkits are available for:

- First/then Board
- Countdown/Stoplight Board
- Choice Board

$14

Bulk Pricing:
10x = $120
25x = $250

Memberships

An annual membership to access the HANDS in Autism® portal, rich in informational resources, templates, and informational handouts that will make your support individuals with special needs easier whether it is at school, home, or community.

We offer two levels of membership:

- Individual Membership is an excellent choice for families and professionals
- Organizational Membership allows up to 15 individuals from an organization to access our resources.

(available only in single/annual)

Individual Membership $50
Organizational Membership $450

Bulk Pricing:
10x = $120
25x = $250
We have a number of general merchandise available for personal or office/classroom use.

- **Tumbler** $10
- **In Case of Emergency Bracelet** $3
- **Lanyard** $5
- **USB Drive (512MB)** $5
- **To-Do List** $5
- **Tote Bag** $10
- **Pulley** $3
- **Ball** $3
- **Silver Puzzle Piece Pin** $5
- **T-Shirts** $20

Use the form on the next page to request your resources.
# HANDS in Autism® Interdisciplinary Training & Resource Center

## Order Form

### Visual Tools & Supports

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### Setting-Based Resource Toolkits, Starter Packs & Guides

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* All shipped items are sent via Priority mail from the United States Postal Service.
* All items are shipped free of charge

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Customer name: 

Customer phone #: 

Customer email: 

Date: 

SHIPPING address:

Street Address: 

City, State, Zip: 

BILLING Address (if different)

Organization: 

Contact Person, Phone Number & Email Address: 

Street Address: 

City, State, Zip: 

Tax Exempt: 

Tax exemption ID#: 

*Must submit copy of ST-105 at time of purchase

Please mail order form and payment (copy of a purchase order) to:

HANDS in Autism®
Fesler Hall, Suite 302, 1130 W Michigan Street, Indianapolis, IN 46202

Make check payable to Indiana University.

For security reasons, please write driver’s license number at the top of the check.

All sales are final. Any defective item(s) or item(s) that were different from original order may be exchanged. Please contact 317-274-2675 or hands@iupui.edu.