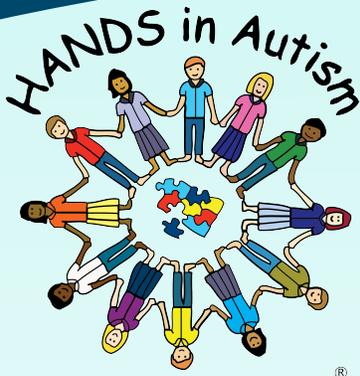


Life With ASD

Learn Your Locker Combination



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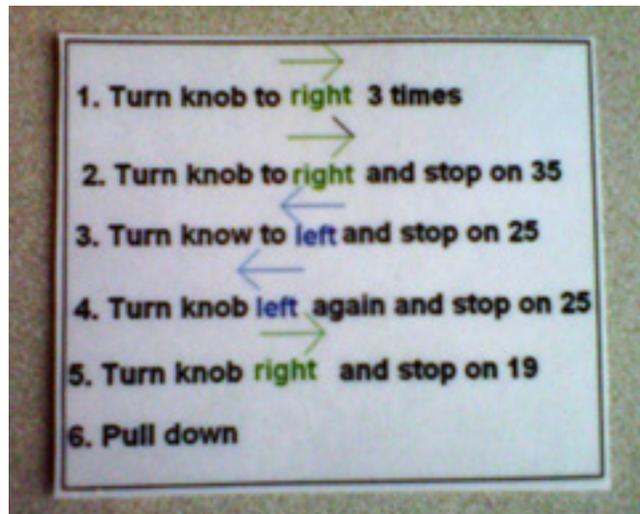


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Part of becoming an independent student in middle and high school includes knowing how to use your locker combination. Most passing periods are about 6 minutes long. This isn't a lot of time to hassle with your locker combination. In order to get into your locker, get the materials you need, and get to class on time, it's important you know how to open your locker quickly.

Using a lock isn't the easiest! It can be very confusing with the different directions and the amount of times you're required to turn the knob. One way some students have found it helpful to learn how to use their lock is by breaking it down into steps. These steps are then written down on a small piece of paper and kept in a wallet, binder, folder, etc.

Here is an example of the steps one student used for his locker.



Directions:

Below are the steps to use for most locks.

1. After you get your 3 digit locker code, fill in the blank lines on the template on the next page.

- First number
- Second number
- Third number

Reminder: This is only one example.

This template may need to be individualized to fit your particular needs.



1. Turn knob to the right 3 times

2. Turn knob to the right and stop on

3. Turn knob to the left and stop on

4. Turn knob to the left again and stop on

5. Turn knob right and stop on

6. Pull down or open

Once you have everything filled in, cut at the dotted line. Keep this piece of paper somewhere that you can get to when you need to open your locker. It's also helpful if you can make plans to get to school a little early or to stay a little later so you can practice using these steps until you can easily get into your locker with little or no help.

Example:

1. Turn knob to the right 3 times

2. Turn knob to the right and stop on 32

3. Turn knob to the left and stop on 23

4. Turn knob to the left again and stop on 23

5. Turn knob right and stop on 16

6. Pull down or open