

Life With ASD

Making an English Muffin Pizza



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An English muffin pizza can be a tasty snack or even a meal. You can use a variety of cheese and replace pepperoni with ham. Choose the sorts that you like!

What I Need:

My recipe (see p. 2)

1 English muffin

1 tablespoon of tomato sauce

8 pepperoni slices

2 tablespoons of shredded Mozzarella cheese


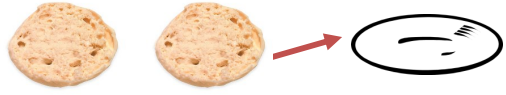




Spoon

Microwave-safe plate

Microwave (**CAUTION:** the plate and the muffin will be hot!)

Reminder: This is only one example.
This template may need to be individualized to fit your particular needs.

Making an English Muffin Pizza

- Cut 1 English muffin in half 
- Put 2 halves on microwave-safe plate 
- Spread 1 tablespoon of tomato sauce on each half 
- Put 4 pepperoni slices on each half 
- Sprinkle each half with 1 tablespoon of shredded Mozzarella cheese 
- Put the plate to microwave 
- Cook for 70 seconds (until cheese bubble)