

Strategy in Practice

Social Narrative: Going to Visit the Doctor



Use this social narrative to teach individuals with an autism spectrum disorder and related disabilities about visiting a doctor!

To learn more:

How-To Template: Social Narratives in How-To Templates

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To Make & Use:

1. Modify the narrative based on the individual needs.
2. Print the narrative and laminate if needed.
3. [Optional] Cut the template into individual text strips and use a clip to hold together if needed.
4. Read the narrative several times together with the individual.
5. Address the narrative during the activity, if needed.

Also, check out...

How-To Video Series
How-To Templates Series
Kid's Corner Series
Life with ASD Series
Academia Series
Strategy in Practice
e-Learning Options

Stay in touch via our listserv &



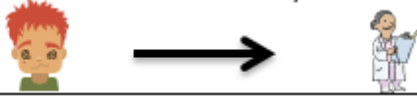
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Reminder: This is only one example.

This template may need to be individualized to fit your particular needs.

Going to Visit the Doctor

Sometimes when I am sick, I need to see a doctor.



I will wait in the waiting room until my name is called.



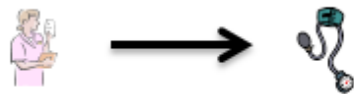
When my name is called, I will follow the nurse to a new room.



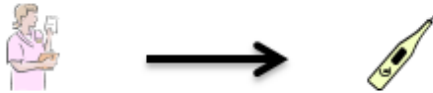
She will check how tall I am and how much I weigh.



The nurse may put something around my arm to check my blood pressure. This might feel tight, but it lasts just for a short time.



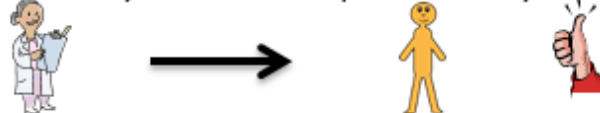
The nurse might take my temperature with a thermometer. This is OK, it does not hurt!



The doctor might ask me to sit on the table or on the chair.



The doctor may check lots of places on my body. This is OK!



When the doctor is all done checking me and talking to _____, I can get dressed.



We may have to check out and pay before we leave. Then I am finished!

